Aluays Changing A Lesson in Puberty

It is a milestone in the health of young people to experience puberty. This can sometimes be a difficult and uncomfortable topic to discuss with our children.

Judy LoBianco, Supervisor of Health, Physical Education and Nursing Services is pleased to host an evening on Puberty for **parents/guardians of fourth** and fifth grade students. The "Always Changing" video will be viewed and program resources will be made available to parents in order to facilitate further discussions with their children.

Tuesday, March 25th 7:30 pm

Jefferson School

518 Ridgewood Road, Maplewood NJ

For more information please contact Judy LoBianco @ 973-762-5600 ext. 1093 or email @ jlobianc@somsd.k12.nj.us.